What is the effect of vanilla scent on human brains and how does it relate to recent politics in Madagascar? Can we predict young adults mental health outcomes from infants behavioral patterns? Which is the best way to cook an eggplant, which to paint one?

After studying medicine- which is a blissfully chaotic entity, presenting itself as serious science-I took a Master of Arts in Transdisciplinary Studies. That put an official title to my hybrid interests.

My hope of finding focus has since dissolved further. Beside painting, I write and draw and sing. As a doctor I wanted to choose something simple in order to have head space for arts, simple like anesthesia. Due to my terrible eyesight I ended up in a particularly foggy and highly political field: Child and Adolescent Psychiatry. I am not complaining. It is never dull, and practicing hypnosis based trauma therapy does make sense, as do digital enhanced diagnostic assessments.

Being a dilettante today is hard. In the renaissance that may have been an honorable aim, today it arouses suspicion. Specialists are in high demand, regardless of the negative consequences their kind of thinking has had on most life forms on this planet.

What brings it all together? Stories, narratives, authenticity. Painting, seeing a kid get over trauma, writing a poem, understanding how eggplants mature, or drawing a near to perfect line. There is meaning in everything.